

22nd ANNUAL CONFERENCE

*Northeast Regional
Psychiatric Nursing*



**Contemporary
Challenges in a
Climate of Change**

**Thursday & Friday,
April 5-6, 2018**

**Grappone
Conference Center
70 Constitution Avenue
Concord, NH**

JOINTLY PROVIDED BY:



**SAINT ANSELM
COLLEGE**

CONTINUING NURSING EDUCATION
Committed to Advancing the Practice of Nursing

AND

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Contemporary Challenges in a Climate of Change

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FEATURED SPEAKERS



SHAWN SHEA, MD,
Director, Training
Institute for Suicide
Assessment & Clinical
Interviewing, Newbury,
NH



JENNY V. DUVAL, MD,
Chief Medical Examiner,
Concord, NH



**HON. JOHN T. BRODERICK,
JR**, Senior Director of
Public Affairs, Dartmouth
Hitchcock Health System,
Lebanon, NH

DISTINGUISHED FACULTY

MARY F. BRUNETTE, MD, Medical Director, Bureau of Mental Health Services, Dept. of Behavioral Health, NH DHHS, Associate Professor of Psychiatry, Geisel School of Medicine at Dartmouth, Lebanon, NH

KATHLEEN CORKERY, LICSW, Clinical Director, The Center for Eating Disorders Management, Bedford, NH

ALISSA FORLEO, BSN, RN, Nurse Manager, Bradley Hospital, Providence, RI

JACQUELINE INSANA, MSN, RN-C, Nurse Educator, Bradley Hospital, Providence, RI

KAREN LOUNSBURY, PHD, Professor, Department of Pharmacology, University of Vermont Larner College of Medicine, Burlington, VT

PAMELA MARCUS, RN, APRN, PMH, BC, Private Practice, Professor of Nursing, Prince George's Community College, Largo, MD

JENNIFER MCLAREN, MD, Medical Director, NH Bureau of Developmental Services, Assistant Professor of Psychiatry and The Dartmouth Institute Geisel School of Medicine at Dartmouth, Dartmouth Hitchcock Medical Center

LISA MOLLO, MA, BSN, RN, NE-BC, Nurse Director, Bradley Hospital, Providence, RI

ALISON PALMER, MS, APRN, WHNP-BC, PMHNP-BC, Manchester OB/GYN Associates, Manchester, NH

IPSIT VAHIA, MD, Medical Director/Geriatric Psychiatry Outpatient Program, McLean Hospital, Belmont, MA

LISA C. WITHROW, APRN, NP-C, ACHPN, Palliativity Medical Group, Bedford, NH

PLANNING COMMITTEE

AMY GUTHRIE, MS, RN, Saint Anselm College, Manchester, NH

GAYLE BOWEN, MSN, BSN, PMHCNS-BC, APRN, BC, Bowen & Associates, PLLC, Manchester, NH

KATHLEEN CUMMINGS, BSN, RN-BC, New Hampshire Hospital, Concord, NH

VAREEN O'KEEFE DOMALESKI, EDD, MSN, RN, Bradley Hospital, Providence, RI

SANDRA GARY, BSN, RN-BC, New Hampshire Hospital, Concord, NH

MERTIE POTTER, DNP, PMHNP-BC, PMHCNS-BC, MGH Institute of Health Professions School of Nursing, Boston, MA; Merrimack Valley Counseling Association, Nashua, NH

JANE SOBOLOV, MS, RN-BC, Saint Anselm College, Manchester, NH

EVIE STACY, MS, APRN, Pediatric Neurology, Dartmouth-Hitchcock Clinic, Manchester, NH



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CONFERENCE AGENDA

THURSDAY, APRIL 5, 2018 — PRE-CONFERENCE DAY

This pre-conference day is perfect for advanced practice nurses in psychiatric health settings, adult/family health settings, as well as generalist nurses.

*designed to meet the advance practice nurse continuing education requirements

7:30 AM–8:00 AM

Registration and Coffee

8:00 AM–3:30 PM

***PSYCHOPHARMACOLOGY ACROSS THE LIFESPAN**

Evidence-based Use of Antipsychotics in Children: Treatment and Side Effect MonitoringJennifer McLaren, Mary F. Brunette

Treatments for Anxiety and Sleep Disorders: One Mechanism Does Not Fit All Karen Lounsbury

Depression and Dementia in Older Adults Ipsit Vahia

12:15 PM–1:15 PM

Lunch (included)

3:15 PM–3:30 PM

Evaluation and closing

FRIDAY, APRIL 6, 2018 — CONFERENCE DAY

*designed to meet the advance practice nurse continuing education requirements

7:30– 8:00 AM

Registration and Coffee

8:00–9:15 AM

KEYNOTE: The Human Matrix: Preventing Suicide by Creating Resiliency and Hope Shawn Shea

This session explores innovative methods of integrating the creation of resiliency and hope—within the patient and the clinician - as a means of preventing suicide.

9:25AM–10:55AM

Choose either A or B

***SESSION A: Therapeutic Cannabis 101** Lisa C. Withrow

SESSION B: Putting the Puzzle Together: Inpatient Treatment of the Autistic Child Alissa Forleo,
Jacqueline Insana, Lisa Mollo

11:05AM –12:20 PM

Choose either C or D

***SESSION C: Treatment of Rapid-Cycling Bipolar Disorder** Pamela Marcus

SESSION D: Clinical Treatment of Eating Disorders Kathleen Corkery

12:20–12:50 PM

Lunch (included)

12:50–1:50 PM

PLENARY 1: Evolution of the Opioid Epidemic..... Jenny V. Duval

2:00–3:15 PM

Choose either E or F

***SESSION E: Oh Baby! My Patient is Pregnant: Reproductive Safety of Psychotropic Medications** Alison Palmer

SESSION F: Borderline Personality: What is New on the Horizon? Pamela Marcus

3:25–4:25 PM

PLENARY 2: Changing the Culture around Mental Illness: It's Way Past Time..... John T. Broderick, Jr.

4:25–4:40 PM

Evaluations and Departures



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2018 NORTHEAST REGIONAL PSYCHIATRIC NURSING CONFERENCE GENERAL INFORMATION

TARGET AUDIENCE: This conference is ideal for advanced practice nurses, such as nurse practitioners, clinical nurse specialists, and clinical educators, and RNs who practice in various mental health settings.

CONTACT HOURS: This conference provides up to 13.5 contact hours for 2 days.

EARLY REGISTRATION DISCOUNT: In order to receive Early Registration Discount, payment in the form of a check, Visa or MasterCard must accompany registration form and be in our office by February 28, 2018. All payments must be received by the start of the conference, or a personal check/cash/credit card will be necessary to attend. Not combinable with Group Discount.

GROUP DISCOUNT: If five or more people from the same agency register at the same time for the same conference, you may deduct 10%. Mailed registrations must arrive in the same envelope. Faxed registrations must arrive together. Not combinable with Early Registration Discount.

CONFIRMATIONS: Your confirmation will be emailed to you. Since some concurrent sessions will be limited in size, early registration is advised.

CONFERENCE HANDOUTS: A link will be emailed to all participants prior to the start of the conference.

CONCURRENT SESSION DESCRIPTION: Visit www.anselm.edu/cne for session descriptions and objectives.

CANCELLATION/REFUND POLICY: Registrants who are not able to attend or send a substitute can obtain a refund of registration fees, minus a \$60 processing fee. A written request must be received by March 16, 2018. REFUNDS WILL NOT BE ISSUED AFTER THIS DATE—NO EXCEPTIONS.

PROGRAM CHANGES AND CANCELLATIONS: We reserve the right to make changes in content and speakers; or to cancel programs if enrollment criteria are not met or when conditions beyond our control prevail.

FOR YOUR COMFORT, we recommend dressing in layers, as room temperatures may vary.

ADDITIONAL PROGRAM INFORMATION, SPECIAL NEEDS and ONLINE REGISTRATION is available on our website: www.anselm.edu/cne or call 603-641-7086.

TAPING is not allowed.

QUESTIONS: contact Gina at 603-641-7086 or ggulinopayne@anselm.edu

Saint Anselm College is an approved provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CONFERENCE REGISTRATION FORM

MAIL: Saint Anselm College, Continuing Ed #1745
100 Saint Anselm Drive
Manchester, NH 03102-1310

PHONE: 603-641-7086,
credit card required

FAX: 603-641-7089
credit card required

ONLINE: www.anselm.edu/cne
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2018 NORTHEAST REGIONAL PSYCHIATRIC NURSING CONFERENCE

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Credentials _____ Phone (_____) _____

Email (REQUIRED) _____

Handout link will be sent to this email address.

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REGISTRATION FEES

NOTE: Conference fee includes continental breakfast, lunch, and breaks.

DAY:	EARLY:		REGULAR:	
	by Feb. 28		after Feb. 28	
1-day Registration	<input type="checkbox"/> Th	<input type="checkbox"/> Fri	_____ \$199	_____ \$235
2-day Registration			_____ \$340	_____ \$379

CONCURRENT SESSION SELECTIONS (REQUIRED)

Assignments will be made on a FIRST COME, FIRST SERVE basis.

Date	Session (please circle)
Friday, April 6, 2018	
Morning	A or B C or D
Afternoon	E or F